



**Contact Us Now**

Let's get connected to revitalize  
our health and wellness together!

**Contact Us**

info@irevikit.com  
884 COUNTY RD 4980,  
GRAND LAKE, CO 80447

Visit More  
Product

[www.irevikit.com](http://www.irevikit.com)



# IREVIKIT INFRARED MAT USER MANUAL

[www.irevikit.com](http://www.irevikit.com)



Thank you for purchasing this product!

Please read this instruction before use.  
Important instructions, please retain  
this manual for future reference.

If you have any questions, please feel  
free to email us at [info@irevikit.com](mailto:info@irevikit.com).



# TABLE OF CONTENT



<b>Thank You &amp; Welcome</b>	02
<b>What's Inside The Box</b>	04
<b>Benefits &amp; Potential Reactions</b>	05
<b>How to Get Started</b>	06
<b>Controller</b>	07
<b>How to Set Up</b>	08
<b>How to Use</b>	09
<b>Core Technologies</b>	10
<b>FAQs</b>	11
<b>Travel Instructions</b>	12
<b>Special Populations</b>	13
<b>Specs</b>	14
<b>Warranty</b>	15

# WHAT'S INSIDE THE BOX

## Tote Carry Bag

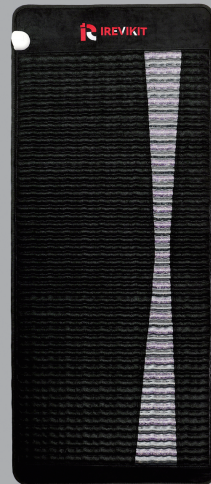
Great for home storage, on the road or when flying. The healing pad folds neatly inside with all your peripherals inside. Can be used as a carry-on bag, or it can fit in another bag or in your luggage.



**Small Size**  
31" x 20"  
80cm x 50cm



**Midsize**  
59" x 24"  
150cm x 60cm



**Prosize**  
75" x 31"  
190cm x 80cm

## Infrared Heating Mat

Your Infrared Heating Mat in either Prosize, Midsize, or Small size..

## Patent Intelligent Controller

Your iReviKit Infrared Heating Pad comes with a 6-foot-long cord intelligent controller. Connect it to a power outlet with a voltage of 110 volts. Additional instructions will be provided on the following page.



# BENEFITS & POTENTIAL REACTIONS

Research has shown that using the healing technologies contained in our iReviKit Infrared Mat can provide many benefits to support the body's natural healing and regenerative processes. You will enjoy warm and soothing heat, reduced pain, improved



## Chronic Pain Relief

Non-invasive and side-effect free form of pain management for back, knee, neck & shoulder, ankle, etc.



## Improve Brain Health

Enhance mental health and allow your brain to function more efficiently through healing therapies.



## Stress & Anxiety Relief

Infrared heat therapy can help deal with depression, stress, anxiety, and other mental issues.



## Restore Deep Sleep

Set yourself up for success in getting 7-9 hours of quality sleep, restoring deep sleep like a baby.

# HOW TO GET STARTED

We know you want to jump right in and start enjoying the benefits of this powerful healing tool...we just want to make sure you start slow and get used to it so you can avoid the unpleasant symptoms of detoxing (can we say HYDRATE again?).

## Keep It Low & Slow For 2 Weeks & Hydrate!

**\*ESSENTIAL - Do NOT skip the acclimation period!\***

80% will be able to add more sessions to their schedule after 2 weeks. Do what feels comfortable to you after 2 weeks.

If you use it less than twice a day, it may take longer to get used to it.

\*Check the Precautions and Special Populations pages before starting and for special instructions.

### 95°F - 105°F (35-40°C) | OVERNIGHT

Good for long term and overnight use. Promotes sleep and relaxation of mind and body. This is the safe setting for those who are sensitive to the heat.

### 105°F - 130°F (45-55°C) | UNDER 2 HR

Good for cycles of up to 2 hours\*. Temporary relief of joint pain, stiffness and minor muscle aches; provides muscle relaxation and a temporary increase in local blood flow where applied. Not too warm for most people.

### 130°F - 150°F (55-65°C) | 30-90 MIN

Good for cycles of 30 - 90 minutes\*. Temporary relief of joint pain, stiffness & minor muscular aches; provides muscular relaxation and temporary increased local circulation where applied. Slightly warmer than you might expect. Should only be used twice a day on this setting and no more.

### 150°F - 160°F (65-70°C) | 30-60 MIN

Suitable for 30-60 min cycles\*. Provides a far infrared sauna experience when the heat is confined to the body. To trap the heat, cover your body with a blanket or towel. The body works hard to release sweat, temporarily improving circulation and speeding recovery as you relax in gentle far infrared heat. This setting should only be used once a day and no more.

# CONTROLLER

Get to know your controller - iReviKit Amethyst Infrared mats come with a intuitive control panel that allows you to set the length of time and heat level for your infrared healing mat session. They are very easy to use.



## Intuitive & Intelligent Controller



**\* Memory function:** automatically memorizes the last temperature setting. Unplug the power plug the memory will be cleared.

- 1 Power On/Off:** Power on the device by switching the ON/OFF switch on the handheld controller to the ON position. Switch to OFF position to turn it off.
- 2 Temperature Increase:** Press the up arrow button to increase the temperature.
- 3 Temperature Decrease:** Press the down arrow button to decrease the temperature. (The temperature can be set between 50° - 158°F (displayed as 10° - 70°C). You can check the previous page to see the recommended temperature when using infrared heating pad.)
- 4 Time Increase:** Press the up arrow button to increase the heating time.
- 5 Time Decrease:** Press the down arrow button to decrease the heating time. You can set your infrared heating session from 1 hour to 12 hours as desired.
- 6 Time Indicator:** The screen displays the time that you have set. The default time (12 hours) is shown when you open the mat.
- 7 Temperature Indicator:** Temperature Indicator: The screen displays the temperature you set and the current temperature.

# HOW TO SETUP

**Step 1:** Unpack your iReviKit device & lay out the different parts.

**Step 2:** Make sure all parts are accounted for. If you are missing a part, please email us at [info@irevikit.com](mailto:info@irevikit.com).

**Step 3:** Plug your cord into the mat as shown.

**Step 4:** Read the pages:

- How To Get Started
- How To Use: MUST READ

**Step 5:** For the first few uses keep the Controller pages nearby! Soon you will become familiar with the buttons.

**Step 6:** Turn the Power on by pressing the black flip button, select and set your programs per the Controller page.

**Step 7:** Relax and enjoy your full session of warmth and healing.

# HOW TO USE (MUST READ)

Many people will prefer to keep the Healing Pad close at hand and ready to use. It folds down to a compact size for easy storage and can be placed on top of or next to a favorite couch or chair. Leave it connected during use to save your preferences. UNPLUG when not using. Do not use body oils or any other lotions that may be affected by the heat.

## Use the Protective Cover

The side of the gemstones will go on the side of your body, but NOT directly on your skin. Place the included protective cover, a light towel, shirt or something between your skin and the Healing Pad. If you are fully clothed, you are all set! It is best not to use protective clothing, although it will not reduce effectiveness. Latex/stretchy material will have a filtering effect and diminish results.

\*NOTE: Using the cover helps gemstones to heat up faster. Make sure you cover the ENTIRE surface.

## Preheat the Mat

You may preheat your mat for 15-20 min before use.

## Hydrate! Hydrate! Hydrate!

All of the InfraRed therapies will mobilize toxins so it is important to hydrate within 1 hour before and 1 hour after. This is VERY important! Do not skimp on the hydration as the iReviKit is a powerful detox aid.

## Use it daily, but start slow

Use every day to get the maximum cumulative effect of the therapies. Gradually adjust the temperature/time settings until you find a comfortable level. Just pay attention to how you feel at different temperature settings

## Available in 110v and 220v

Be sure to use the correct voltage for your region. Using above 110V with a 110 unit voids your warrantee. See the Travel page for further instructions.

# CORE TECHNOLOGY

A unique device incorporating cutting-edge technology, the iReviKit delivers powerful healing therapies in one. Each of the technologies provides a different benefit to the body, and when used in combination the benefits are far reaching.

The IReviKit BioPhoton PEMF Mat is a low-EMF, flicker-free, multi-therapy healing mat that you can use in the comfort of your own home.



## FAR INFRARED

The advanced heating systems and natural gemstones deliver Far-infrared Rays (FIR) deep into the body to help with circulation, pain relief, detoxification, stress relief, immune function and many other benefits.



## NEGATIVE IONS

The iReviKit Infrared Mat provides a forest-like abundance of negative ions, allowing you to experience the embrace of nature, delivering the healing power of nature, detoxifying from pollutants and calming the nervous system, no matter where you are.



## PHOTON LIGHTS

This patented PEMF mat delivers a sufficient dose of LED light with low intensity at a wavelength of 660 nm to accelerate skin cells and improve overall skin condition. Soothing light is beneficial for general wellness providing comfort and mental relaxation.



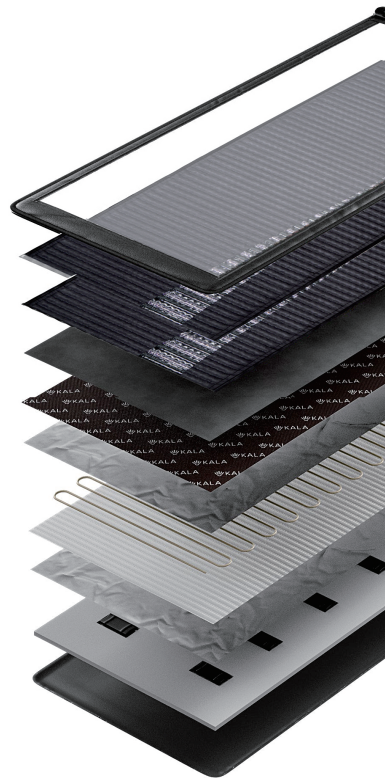
## HEAT GEMSTONE

iReviKit uses a variety of natural gemstones and crystals, which have been in use for thousands of years to provide negative ions and restore energy fields to the body, creating a natural healing experience. They can also impact pressure points to release tension in the body.



## PEMF TECHNOLOGY

PEMF has been around for 60+ years and is a rehabilitation therapy that helps regenerate damaged or injured cells, increase microcirculation, and support the energy factories within each cell (the mitochondria) to re-energize & give your body what it needs to heal on a cellular level.



MULTI-FUNCTIONAL LAYERS



# FAQs

Where is the best place on my body to use the pad?

Anywhere you feel you need iReviKit Infrared Mat!

Can I use it on the floor or bed?

Yes, our mats can be used on any flat surface such as a bed, massage table, sofa, or floor.

What size should I get to sleep on?

Prosize 75" x 31" is recommended to sleep on. For women or smaller figure people, they can also consider getting the medium size 59" x 24" mat.

Is your mat protected against EMFs?

Yes, we use industry leading double silicon infrared heating wires for advanced EMF shielding. An additional layer of aluminium foil insulation is placed underneath the heater wire for EMF shielding and heat uniformity.

Can I use it on my head?

This is different per technology. TENS is a NO. Low temperature InfraRed YES, PEMF YES, and red light keep to 30 minutes for anything above the neck.

Should I use this before or after my sauna session?

Before a sauna will open up detox pathways and help amplify the benefits of the sauna. You may even sweat more. You can also use it after. Contact: info@irevikit.com

What to do in case of a spill of something smelly?

1. Disconnect and switch off the controller;
  2. Absorb as much of the excess moisture as possible with paper towels or a dry, soft cloth;
  3. Wipe the affected area thoroughly with a multi-purpose cleaning wipe or cloth.
  4. Spray the odour remover onto the damaged area from a distance of 6 to 8 inches. Leave the mat in a well ventilated area until completely dry.
  5. Switch on the mat and set the maximum temp. After reaching maximum, leave the mat to run for 30-60 minutes. Do not cover mat to allow ventilation. Never leave unattended.
  6. If this does not help, carefully rinse the affected area of the disconnected mat under the shower, minimising water ingress to adjacent areas.
  7. Repeat steps 2 to 5 and blow dry the mat from a suitable distance until it is completely dry.
- \* To protect your mat in these circumstances, you may wish to use the tower, blanket or protective cover supplied with some models of mat.

Does it matter what heat I set it at?

Not really. Discover the one that serves you when using it before sleeping or while you sleep. Lower temps are advisable. Please see How to Get Started page for different temperature levels.

How long does it take to reach maximum mat temperature?

This depends on the room temperature and usage conditions. The mat will start to heat up immediately and reach its maximum temperature in approximately 30-60 minutes if the mat is covered with a fitted protector or blanket, or if your body is on the heating pad. If the mat is uncovered, the ambient temperature is low and the air flow is high, it may take the mat 1 - 2 hours to reach the maximum temperature - but it may still never reach the same level as if it were covered.

Does it matter what heat I set it at?

Not really. Discover the one that serves you when using it before sleeping or while you sleep. Lower temps are advisable.

# TRAVEL INSTRUCTIONS



## International Plugs

Your iReviKit Infrared Mats use 110V and will work with any international converter that allows you to plug into a 110V outlet.

The iReviKit mats are also available in 220V, specifically for use in countries that use 220V.

## Weight

The Small mat weighs 11 lbs or 5 kg.

The Midsize weighs 22.5 lbs or 10 kg.

The Prosize weighs 36 lbs or 16 kg.

## Size

The Small is 30" x 21" / 80cm x 50cm when laid out.

Folded dimensions are: 19" x 11" x 4" / 49cm x 29cm x 11cm

The Midsize is 59" x 24" / 150cm x 60cm when laid out.

Folded dimensions are: 25" x 21" x 6" / 63cm x 53cm x 15cm

The Prosize is 75" x 31" / 190cm x 80cm when laid out.

Folded dimensions are: 33" x 26" x 6" / 85cm x 65cm x 15cm

**Healing on the Go!** An active life often involves travel - whether it's for work or holidays, there's no need to interrupt your healing and relaxation sessions. There aren't many attachments, the controls and connectors are durable, and the gemstones and wires are protected by folding the pad in on itself.

**Cool it down!** Wait until the pad is cooled down after use to wrap and pack.

The small size is the easiest size to take with you when you are flying. It folds down to a handy size and can be stored in the included bag. You can easily carry it with you or slip it between your clothes in a checked bag. It also fits into a rolling carry-on bag.

The Prosize is just as portable, and though it will fit into some checked luggage, size and weight are significant. A road trip may be this unit's best ways of travel.

The iReviKit Infrared (PEMF) Mat can be used by almost anyone, however please be aware that Special Populations will have specific precautions and limitations depending on the modality.

Make sure to follow acclimation guidelines on the How To Get Started Page.

## Fragile Persons of any age

If you are very symptomatic, or have chronic challenges such as fatigue, Lyme, long COVID, etc., please always contact your primary healthcare provider before using any new technology.

Also, contact our iReviKit Health experts to explore further how you can benefit from this product.

## Anyone Under 18 Years Of Age

We cannot decide what is best for your child. We can provide basic guidelines, but ultimately it is up to you and your healthcare provider to decide.

## Infants and Children 0-6 years

Can use all modalities (except TENS) for a 15-minute treatment with an adult present.

TENS: Please check with iReviKit Health staff first as to why you would want to use it.

## Kids 6-18 years

Generally, you can treat with half the time as an adult (15-30 minutes). For more specific use contact iReviKit Health

Expert at [info@irevikit.com](mailto:info@irevikit.com).

## Pregnant People

Do NOT use PEMF or TENS while pregnant and for 2-4 weeks after delivery.

Red and Infrared Light have proven to be effective--there is no science suggesting that biophoton modulation is contraindicated for pregnancy--but it is still not recommended.

**This reference guide** is meant as a starting point to enhance your iReviKit experience. Our approach is conservative to allow your body to gently acclimate and create a healthy natural platform for long-term good health and well-being.

**We are NOT offering medical advice**--these are merely guidelines. There are more manicured approaches based on special needs. For more specific guidance, make an appointment with our iReviKit Health advisory team and always check with your healthcare provider.

\*For more detailed information email [info@irevikit.com](mailto:info@irevikit.com) [irevikit.com](http://irevikit.com).

# I REVIKIT SPECS

Item	TowerMat Prosize	TowerMat Midsize	TowerMat Small
PEMF	NO	NO	NO
IR	Full Spectrum - NIR - Mid - FAR - 700nm-14um		
Red Light	NO	NO	NO
Neg Ions	YES	YES	YES
Gemstones	Natural Amethyst and Black Tourmaline		
Grounding	YES	YES	YES
Controller	Digital - Remembers Last Settings		
EMF	LOW	LOW	LOW
Temperator	86 F - 158 F / 30 C - 70 C		
Time	1 - 12 hours	1 - 12 hours	1-12 hours
Materials	NON Toxic - No VOC's		
Electrical	110v / 220v	110v / 220v	110v / 220v
Size	75 x 31 inch	59 x 24inch	31 x 20inch
Carry Case	YES	YES	YES
Weight	36 lbs	22 lbs	11 lbs

# WARRANTY

## 1. WHAT THIS LIMITED WARRANTY COVERS AND HOW LONG

This Product includes the product itself, and, unless specifically excluded below, all material, parts, and components related to functionality. This Limited Warranty applies only when all of these parts are genuine iReviKit™ components. Cosmetic components are not covered by this Limited Warranty.

### a) COVERAGE

Subject to the limitations and exclusions below, and for the duration of the applicable Warranty Period, iReviKit™, and any of its affiliates, ("Seller") warrants that the Product's components will be free from material and functional non-conformities in material and workmanship under normal and reasonable consumer conditions.

### b) WARRANTY PERIOD

For the one year period of this Warranty, iReviKit™, at its discretion, will repair or replace any defective part, component, mechanism, or material. This warranty coverage shall include all defective parts, but shall exclude all labor charges. The Warranty Period shall commence upon purchase of the product by the end-user consumer from an authorized dealer. Each consumer is urged to register the Product through the Warranty Registration Form attached hereto. This Limited Warranty is not transferable. This Warranty can only commence once proof of purchase (or gift) is provided.

## 2. WHAT THIS LIMITED WARRANTY DOES NOT COVER

a) **GENERALLY** This Limited Warranty does not include non-conformities or damages attributable to or arising from: · Minor scratches or minor visual imperfections · Negligence; improper use, installation, finishing, maintenance operation inconsistent with Seller's recommendations and written instructions that are generally available in Seller's Product Manual as updated by bulletins or other written communications or on Seller's Worldwide website [www.iReviKit.com](http://www.iReviKit.com) · Improper storage, including inadequate shelter or inadequate venting of shipping wrap in humid locations · Misapplication of, commercial use, or use other than generally intended · Normal wear and tear · extraordinary force majeure.

b) **CERTAIN CONDITIONS** This Limited Warranty does not guarantee health claims. Further, this Limited Warranty does not cover damage attributable to or caused by acts of God that include, but are not limited to, power surges, stresses, fire and other conditions that exceed Product designs. Seller is not responsible for claims or damages caused by water or condensation infiltration.

## 3. THIS LIMITED WARRANTY'S EXCLUSIVE REMEDY

If The Product or any components fail to meet this Limited Warranty, Seller's sole obligation is to either (as Seller elects): a) repair the component (color matching not guaranteed); or b) provide replacement components to the warranty holder or the Seller's dealer designated (color matching not guaranteed); or c) refund the Warranty Holder's purchase price (the lesser of the original Product/component purchase price or the original catalog list price). Repaired or replaced components are warranted only on the same terms and for the remainder of the Warranty Period. Seller reserves the right to discontinue or change any Product. If the Product or component is not available, Seller may select and provide a replacement Product or component of equal quality and price. This is the Warranty Holder's sole and exclusive remedy for the Product under this Limited Warranty. By example but not limitation, this Limited Warranty does not cover the following costs and expenses: (i) labor; (ii) shipping/ freight expenses to return the Product to Seller, or Seller's designated service center; (iii) normal maintenance; or (iv) consequential, special, or indirect losses or damages of any kind.

## 4. DISCLAIMER OF WARRANTIES

THIS LIMITED WARRANTY IS IN LIEU OF AND EXCLUDES ALL OTHER WARRANTIES NOT EXPRESSLY SET FORTH HEREIN, EXPRESSED OR IMPLIED BY OPERATION OF LAW OR OTHERWISE, INCLUDING BUT NOT LIMITED TO ANY IMPLIED WARRANTIES OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE. TO THE EXTENT THAT ANY IMPLIED WARRANTIES MAY NONETHELESS EXIST BY OPERATION OF LAW, SUCH WARRANTIES ARE LIMITED TO THE DURATION PROVIDED BY LAW. SOME STATES DO NOT ALLOW LIMITATIONS ON HOW LONG AN IMPLIED WARRANTY LASTS, SO THE ABOVE LIMITATIONS MAY NOT APPLY. SELLER DOES NOT AUTHORIZE ANYONE TO CREATE FOR IT ANY OBLIGATION OR LIABILITY IN CONNECTION WITH PRODUCTS.

## 5. LIMITATION OF LIABILITY

SELLER'S SOLE LIABILITY UNDER THIS LIMITED WARRANTY IS REPLACEMENT, REPAIR, OR REFUND OF THE PURCHASE PRICE AS SET FORTH ABOVE. IN NO EVENT WILL SELLER BE LIABLE FOR INCIDENTAL, CONSEQUENTIAL, INDIRECT, SPECIAL, OR PUNITIVE DAMAGES INCLUDING, BUT NOT LIMITED TO, DAMAGE OF ANY KIND TO A PREMISES, LOSS OF PRODUCT USE, LABOR, LOST PROFITS/REVENUE, INTEREST, LOST GOODWILL, WORK STOPPAGE, IMPAIRMENT OF OTHER GOODS OR WORK, INCREASED OPERATING EXPENSES, EMOTIONAL DISTRESS CLAIMS, LOSS OF CONSORT CLAIMS, OR CLAIMS OF THIRD PARTIES FOR SUCH DAMAGES, WHETHER BASED ON CONTRACT, WARRANTY, TORT (INCLUDING, BUT NOT LIMITED TO, STRICT LIABILITY OR NEGLIGENCE) OR OTHERWISE, EVEN IF ADVISED OF THE POSSIBILITY OF SUCH DAMAGES. SOME STATES DO NOT ALLOW THE EXCLUSION OR LIMITATION OF INCIDENTAL OR CONSEQUENTIAL DAMAGES, SO THE ABOVE LIMITATION OR EXCLUSION MAY NOT APPLY. THIS LIMITED WARRANTY PROVIDES SPECIFIC LEGAL RIGHTS BUT WARRANTY HOLDER MAY HAVE OTHER RIGHTS WHICH VARY FROM STATE TO STATE. IF THIS LIMITED WARRANTY IS DEEMED TO HAVE FAILED OF ITS ESSENTIAL PURPOSE, IN NO EVENT WILL SELLER'S ENTIRE LIABILITY EXCEED THE LESSER OF THE PRODUCT'S OR THE NON-CONFORMING COMPONENT'S PURCHASE PRICE.

### Warranty Registration

Did you purchase from us? If you ordered your products through the iReviKit Online store, your products are automatically registered for warranty. We all thank you for your patronage! If you purchased from a third party, in order to maximize and benefit from our Limited Warranty, don't worry we still have you covered.

### Claims

Claims must be initiated during the Warranty Period. To initiate a claim, please contact iReviKit by writing [info@irevikit.com](mailto:info@irevikit.com). Claimant will be required to provide proof of purchase and the date of Product purchase (unless the Product was registered at the time of purchase) and may be required to return the Product or component to Seller (at Claimant's expense).